

Governor's Committee on Aging
June 14, 2013
10:00 AM – 3:00 PM
James River Senior Citizen's at Legacy Place
419 5th Street NE, Jamestown

GCoA Members: Gene Hysjulien (Chair), Ray Siver (Vice Chair), Marty Heller (Secretary), Larry Wagner, Betty Keegan, Bonnie Bieber, Dallas Knudson, Delores Rath.

Presenters/Guests: Jan Engan (Aging Services Division), Sheryl Pfliger (Aging Services Division), Shelly Peterson (NDLTCA), Michelle Gayette (Aging Services Division), Karen Tescher (Medical Services Division, Marcia Bollingberg (Central Valley Health), Carrie Thompson-Widmer (Region VI Aging Services), Leslie Limvere (Local Contact Agency Options Counselor), Bryan Fredrickson (Aging Services Division), Danelle Van Zinderen (Region VI Aging Services).

1. **Welcome & Introductions (Gene Hysjulien)** – Welcome and introductions by the GCoA members and guests.
2. **Meeting Minutes (Marty Heller)** – Ray made a motion to approve the March 8th, 2013 GCoA Meeting Minutes, second by Delores. Motion approved. Delores made a motion to approve the December, 2012 GCoA Meeting Minutes, second by Dallas. Motion approved. We did not have a quorum in the March meeting to approve the December meeting minutes.
3. **Legislative Update - Long Term Care (Shelly Peterson, NDLTCA):**
 - Shelly handed out and reviewed the “North Dakota Long Term Care 2013 Fact and Figures” publication. The publication provides information about the long term care profession, the challenge of caring for aging North Dakotans and issues facing long term care. This publication is designed to provide legislators, association members and the public an overview of long term care in North Dakota.
 - Shelly handed out and reviewed the “North Dakota 63rd Legislative Session North Dakota Long Term Association Final Report for May 2013”. This final report of the sixty-third Legislative Assembly and their actions related to issues impacting long term care highlights legislation identified as a priority or is of interest to long term care. The NDLTCA is your vehicle for advocating for your long term care needs. The strongest element of our lobbying continues to be you, our grassroots network.
 - Five Long Term/Basic Care facilities closed in North Dakota in the past year primarily due to staffing issues. One of the major impacts to care facilities is staffing. These facilities are facing major staffing shortages. One facility experienced nearly a 100% turnover last year and many other facilities are substantially increasing contract nursing services. Contract nurses hours have increased 98% in a year in some facilities.

4. **GCoA Budget Report (Jan Engan)** - Reviewed the budget and \$6,480.22 dollars is remaining. The June meeting is the last scheduled meeting for the biennium ending in June 2013. Delores made a motion to pay for Fargo Fall forum/conferences registration for one, Dallas second. Motion carried. Larry made a motion to approve expenses for Dallas and Delores at the Fargo conference. Marty second. Motion carried.
5. **Membership Update (Jan Engan)** - Plan to review prospective GCoA candidates with the committee during the quarterly meetings. Plan to review candidates with the local RASPA. Talked to various candidates and they didn't accept the position. Delores recommends someone from the Lamoure area and will forward the details to Jan.
6. **Aging Services Division Report (Jan Engan)**
 - a. **Federal Update** – Reauthorization is on the forefront and occurs at a 5 yr. frequency. The whole process is restarting in Congress. It's a critical time for Older Americans Act. The Federal fiscal year is Oct 2012 thru Sept 2013 and funding has been affected by sequestration. Reductions will not affect the current 2013 contracts but starting in Jan 2014 the contracts will be decreased by approximately \$300,000. Many programs will be affected. Funding is based on 2010 census data which doesn't reflect the substantial North Dakota population changes that are occurring and impacting service requirements through-out the state.
 - b. State Updates (Legislative Updates):
 - i. **Guardianship & Petitioning (Michelle Gayette)** – Discussed the court costs. Compensate up to \$2,500 dollars for petitioning costs per guardianship. Funding from the Legislature included an additional \$215,000 in addition to the \$40,000 that was in the Governor's budget.
HB 1041 included funding in the amount of \$828,000 for payment to public and private guardians for services to incapacitated adults. A total of \$70,000 will be given to the Supreme Court for training guardians and public administrators.
 - ii. **Mandatory Reporting (Michelle Gayette)** – In October 2012, the online case system (APS) was placed in service and encompasses all reported cases in the state for APS. The system makes the data and reports more consistent. The data is very useful for the legislators. Provides them details of where the reports are coming from with detailed demographic information.
 - iii. **Vulnerable Adult Protective Services (Michelle Gayette)** – Funding was appropriated to contract for vulnerable adult protective service workers (\$383,000).

Work groups have been established to discuss implementation of new requirements.
7. **GCoA Forum Reports** – The fall forum dates were changed as shown below: Sheryl needs a list of regions and their dates. Contact your county extension office for possible presentations on sessions such as nursing your bones and

joints, scams, pharmacist, food for one, and healthy cooking. Jan mentioned sending out details of which forum expenses can be reimbursed.

- **Region 1-** No forum scheduled at present.
- **Region 2 (Dallas Knudson)** - Plan to host a forum on Sept 17th in conjunction with the regional council on aging meeting in Mohall. The emphasis will be on nutrition. In the past about two-hundred people attended the forum. Arranged to have a forum in Velva in 2011, but due to the flood it was cancelled. Spring Forum was held in conjunction with Salute to Seniors.
- **Region 3 – (Betty Keegan)** - Host a forum on Aug 16 at Spirit Lake Casino. Speakers lined up. Sessions include presentations on nutrition and hydration, suicide, sleep disorders, and a closing presentation on exercise (Golden Zumba).
- **Region 4 (Ray Siver)** - Host a forum Sept 23rd at Grand Forks. Cathy Breedon will be a presenter; other sessions with a nutrition focus. Arranging for transit to bring in seniors from other counties.
- **Region 5 –** Forum will be in conjunction with the Northern Plains Conference October 1-3; Cathy Breedon will do presentation.
- **Region 6 (Delores Rath)** - In April hosted a forum in Valley City and sixty people attended. Hosted a forum in Oakes in May. Plan to host a forum in Carrington this fall. Tentative topics include care planning; making your wishes known, nutrition, and a veteran's presentation.
- **Region 7 – (Elaine Keepseagle)** is setting up Forum at Prairie Nights Casino.
- **Region 8 (Bonnie Bieber)** – Dickinson forum will be held Sept 17th at the Baptist church with 28 vendors. Speakers will talk on nutrition, exercise, memory, etc. Bonnie showed the brochure.

September 2013 Nutrition Forums (Sheryl Pfliger) – Plan to use the 2013 Older Americans Month theme “Unleash the Power of Age”. Send final dates, locations and agenda to her as soon as possible so that individual brochures can be developed. Will follow format used by Mark Jesser in Dickinson. Plan to list the dates of all forums on each brochure. Sheryl will contact DHS Public Information Officer to develop press releases. A summary form will be sent for completion so that consistent data from each forum can be recorded.

8. **GCoA Work Plan for 2013 (Dallas Knudson)** – Plan to implement the work plan Dallas has drafted and she will meet with Gene in Bismarck by the next quarterly meeting and develop some guidelines the committee should follow. The work plan will contain details for the annual report to the Governor and it will provide the committee with what has been accomplished in each quarter and what items need to be addressed in the upcoming year.
9. **Long-Term Care Continuum (Karen Tescher)** – Update in the Long Term Care and HCBS services during the 2013 legislative session. The legislature approved a \$2.3 million mileage adjustment for QSPs. The QSPs will receive a \$1/hr. increase and 3% starting July 1st. Their unit rate changes to 4.80/15 min. or

19.20/hr. For agency's their unit rate increases to \$6.59/15 min, 26.36/hr. Foster care unit rate increases to \$8/hr. and 3% too.

10. **Next Meeting** – Friday Sept 13th in Devils Lake.
11. **Other** (After the meeting there will be a tour of the facility).
12. **Call to the Public** – No comments received.
13. **Adjourn** – Meeting adjourned at 3 PM. Ray motion to adjourn the meeting, Dallas second, Motion carried.
14. **Documents** - Distribute the meeting minutes and the following documents via snail mail to all the GCoA committee members:
 - a. North Dakota Long Term Care 2013 Fact and Figures
 - b. North Dakota 63rd Legislative Session North Dakota Long Term Association Final Report, May 2013
 - c. June 2013 Budget Report
 - d. Forum expenses that can be reimbursed
 - e. Region 8 "2013 Governor's Committee on Aging Forum brochure.